# Channa Masala

Itsi Weinstock - adapted from Serious Eats and Vah Reh Vah March 8, 2020

#### Preparation 1

- 1. Assemble whole spices.
- 2. Finely dice 3 onions.

# Cooking 1

- 1. Heat 100mL oil in a large pot on high heat. Add the spices and let sputter until aromatic (15 seconds).
- 2. Add chopped **onions**, 1 tsp **salt** and 1/2 tsp **baking soda**. Stir frequently until a brown coating is on the bottom of the pan (3-4 minutes). Add a little water, scrape up browned bits. Repeat until onions are deep brown (10 minutes).

#### Preparation 2

- 3. Grate 8 cloves of garlic and 2 inches of ginger.
- 4. Dice 8 tomatoes.

## Cooking 2

- 3. When onions are done, add the **ginger**, **garlic** and 1 tsp **turmeric**. Fry until fragrant (30 seconds).
- 4. Add the **tomatoes**. Cook on high until water is expelled (10 minutes). Beware sputtering just before its done.
- Add 25g channa masala mix, 25g chopped coriander leaves and juice of half a lime.
- Add 1.6kg canned chickpeas with liquid, and extra water to cover. Simmer until canned chickpea flavour is gone (20-30 minutes).
- 7. Add extra 25g chopped **coriander leaves** and juice of half a **lime**.
- 8. Adjust to taste with salt, msg, chilli powder, lime, spice mix. Adjust consistency with water.

#### Notes

Make sure that the channa masala mix contains amchoor (mango powder) and pomegranate powder.

## Servings: 8

#### Ingredients: 2 kg canned chickpeas 1 kg tomatoes 1 kg onions 10 cloves garlic ginger 2 inches lime coriander leaves 50 g 1/2 tsp baking soda desired whole spices 1/2 cup channa masala mix 25 g